

Stillwater Family Dental  
(651) 351-0890

### *Pain Medications*

We recommend taking Advil and Tylenol for pain, as long as your medical history allows you to take these medications. They are very effective at controlling pain. We recommend rotating these medications every 2-3 hours as needed.

Take Advil (ibuprofen 200mg) 2-3 tablets. 2-3 hours later follow with 2 regular strength (acetaminophen 325mg) tablets. Continue to rotate these medications every 2-3 hours so that each medication is consumed 4-6 hours from the last dose. They are broken down by different body systems so that they work well together.

**Warning:** Please note not to exceed recommended maximum dosages for a 24 period.

- Ibuprofen (Advil): Maximum of 16 tablets (200mg) in a 24 hour period.
- Acetaminophen (Tylenol): Maximum of 10 tablets (325mg) in a 24 hour period.

We also always recommend taking the generic brands of medications as they cost less and are the same thing!

Please call if you have any questions. Thank you!